

BDP kids



B U D A D E N T A L P R O F E S S I O N A L S

INFANTS & TODDLERS } ages 0-2

Did you know that the first dental well-check is recommended by age 1? At our infant and toddler visits, our goal is to collaborate with parents to promote a lifetime of dental wellness for their child. Some of the things we will discuss are proper teeth cleaning techniques, injury prevention and trauma, healthy nutrition, how cavity causing bacteria are transmitted to infants, and skeletal and tooth development. We believe that the journey toward a lifetime of oral health begins early on...and prevention from the time the first tooth comes in is key to that success!

CHILDREN } ages 3-12

A lot of growth and change occurs between the ages of 3 and 12...most kids go from having 20 baby teeth to a new set of 28 adult teeth! Also, children move from having their parents clean their teeth, to being responsible for doing this on their own. We want to walk alongside your child as these changes occur, and encourage them to master the necessary skills on their own. During your child's dental cleaning and exam, we will coach them on how to properly clean their teeth, teach them about the importance of healthy eating, and continue to monitor growth and development. Dr. Strickland will also evaluate things such as airway adequacy, orthodontic status, cavity risk, and much more.

TEENS } ages 13-18

During these years, our goal is to help teens understand that the teeth they have now are meant to last forever...and cavities now indicate a lifetime of maintenance! We have found that the #1 cause of dental decay is a poor diet (and that includes what you drink!). The older children get, the less likely it is for Mom & Dad to control what food and drink they consume — it's up to the teenager to make the right choices. We strive to help teens realize what a positive impact healthy living can have on their lives, both in the mouth and in the whole body. We aren't afraid to expose the potency of acid that is present in sodas and energy drinks, talk about smoking and alcohol prevention, and even discuss the epidemic of sugar consumption in our country — how it is leading to a generation of children that will be the first not expected to outlive their parents. Change happens one person at a time, and we want our BDP Kids graduates to enter the world a step ahead!

